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*'For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ. For by one Spirit we were*



*so that I might praise Him with my name.  
My limbs were strengthened ...  
Infirmities fled from my body,  
And it stood [my body] firm for the Lord by His will.'*

*'I lifted up my arms on high  
on account of the compassion of the Lord.  
And my helper lifted me up  
According to His compassion and His salvation.  
And I put off darkness  
And put on light.  
And I myself acquired limbs.  
In them there was no sickness,  
or affliction or suffering.'* (Ode 21)

### *Odes*

*The Odes of Solomon*

*The Teachings of Adai*

*'Give rest to the weary, visit the sick, provide for the poor: this is indeed  
prayer*

*'Stamp your footprints with visiting*

*|*

